

Saints / Feast Days this week• Tuesday 31st:St Sylvester I, Pope• Wednesday 1st:Mary, the Holy Mother of God; World Day of Peace• Thursday 2nd:St Basil the Great; St Gregory Nazianzen• Friday 3rd:St Munchin; The Most Holy Name of Jesus• Saturday 4th:St Elizabeth Ann Seton.Grow Mental Health:Friendly Community based groups for anyone experiencing a mental health issue through 12 Step program of connection, hope, identity by empowering people to nurture their positive
wellbeing by supporting personal growth through education, peer support and self-teaching. Meetings take place in Maria Assumpta Hall, Ennis, on Monday at 7.30pm and Tuesday at 2pm. Contact Celia 086- 1526966/Www.grow.ie
<b>Raheen Day Centre</b> welcomes new referrals at any time. If you or someone you know would like to avail of this service where you can meet people, avail of hairdressing, chiropody, music sessions, advocacy support and a hot meal please call Louise on 061-923215 for further information.
Happy New Year to all parishioners and all visitors to our community. May 2025 be an outflowing of goodness, appreciation and togetherness for us all.
<b>Reflection</b> <b>Feast of The Holy Family</b> God, you gave us families to love us into life, And we are grateful for them. We treasure each person in our family, Even though at times we are less than ideal together. Make your presence felt within our family. Bring goodness and love from our pains and struggles,
as well as from our happy times. To all parents and guardians, please give vision, generosity, forgiveness and courage. VISION - so they can see how you are present and
working in their family, GENEROSITY - so they can love with great hearts, FORGIVENESS - so they can heal the inevitable wounds of family life, And COURAGE, for the long haul. Amen.



Newsletter Deadline: News items for inclusion in the Parish Newsletter should be with the Parish Office by 9.00am on Thursday.
Email: bodykeparishnewsletter@gmail.com or Tel: 087 - 1498763
website: www.bodyketuamgraneyparish.ie